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HALIFAX • TUESDAY, JULY 21, 2009

metro

Sports pg 11

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RCMP on manhunt for alleged killer

SUSPECT Yarmouth Mounties are on a manhunt for a third suspect in the recent murder of Neil Blades Jr.

The RCMP issued a statement yesterday asking anyone who knows anything about the whereabouts of Ian Matthew Huskins, 28, of Yarmouth to contact them at 902-742-9106 or by calling Crime Stoppers anonymously at 1-800-222-8477.

He's wanted for first-degree murder in the death of 34-year-old Blades Jr. The Yarmouth man's body was found underneath a bridge between the communities of Eel Brook and Belleville, Yarmouth Co., on July 12.

The other two suspects believed to have been involved in the killing appeared in Yarmouth provincial court yesterday to answer to charges.

METRO HALIFAX

FocusOn First Nations

Metro Canada continues its focus on First Nations and Aboriginal news, community issues, arts and culture as part of a special series leading up to the Assembly of First Nations convention, today to Thursday, in Calgary.

- Today
- John Raulston Saul explores Aboriginal roots, page 6
- Reworking relations with Aboriginals, page 6
- Former footballer gives back, page 11
- New project offers access to healthier foods, page 12
- Woman goes back in time to save APTN pilot, page 13



The Brazilian naval ship Cisne Branco, left, and the Russian tall ship Kruzenshtern leave Halifax Harbour during the Parade of Sail yesterday afternoon. The Halifax portion of the Tall Ships Nova Scotia Festival 2009 wrapped up yesterday with some ships heading off to other Nova Scotia ports while others are racing across the North Atlantic to Belfast, Northern Ireland.

Goodbye to Tall Ships

Parade of Sail draws huge crowds to Halifax Harbour

ALY THOMSON
for Metro Halifax



The tallest ship of them all

- The Kruzenshtern, the largest vessel at the event, anchored the parade. The ship is 51 metres tall, which

Brenda Martinelli has not seen any tall ships since they first sailed into the Halifax Harbour in 1984.

"It is great to see them again," she said yesterday on the city's waterfront. "It is a huge treat."

Martinelli worked at Halifax's first Tall Ships Festival, some 25 years ago. But a few years later Martinelli, who grew up in Halifax, moved to Whitby, Ont. She returned to Halifax with her daughters Allison, 11, and Lauren, 8, this year

specifically to see the magnificent vessels once again. "They're so cool," said Lauren, jumping into the air after an impromptu canon launch.

Led by Nova Scotia's own Bluenose II, the Parade of Sail drew thousands to the brims of the Halifax and Dartmouth waterfronts yesterday. Everyone from tourists to business people

would reach about the halfway point of Fenwick Towers, the tallest building in Nova Scotia.

on their lunch breaks came out to watch the historic event. Some lucky spectators were situated on rooftops and balconies, but the best view was from the middle of the harbour, where a cluster of boats filled the inner circle of the passing vessels.

In the end, 41 tall ships cruised by the Dartmouth side of Georges Island,

turned at the Angus L. MacDonald Bridge, waved the Halifax port goodbye, and headed out to sea.

Mayor Peter Kelly was giving out Halifax Regional Municipality pins on his way to the Parade of Sail reception.

"I'm just trying to make sure everyone is having fun," the mayor said.

Martinelli said she had one hope for this year's event.

"I remember last time the sailors got all up on the masts to wave goodbye," she said above the bustle of a crowded wharf. "I hope they do that today."

Was Hyde warned by cops?

PAUL MCLEOD
paul.mcleod@metronews.ca



INQUIRY The inquiry into the death of Howard Hyde learned yesterday a police report planned for Hyde to be charged with assaulting a police officer.

The report written by Const. Ben Mitchell said Hyde, who was Tasered by police and later died in November 2007, had repeatedly ignored police demands.

But during cross-examination of Mitchell by Hyde family lawyer Kevin MacDonald, surveillance tapes were played showing no warnings were said.

"I'm going to suggest to you sir that there were never any demands made of Mr. Hyde to stop resisting and give you his hands, let alone several. Would you agree with me?" MacDonald said to Mitchell during the proceedings yesterday.

Mitchell: "After watching that (security footage), I would."

MacDonald: "No, but at the time why would you say this in your report?"

Mitchell: "That's what I believed to be true at the time. When I made this report I didn't have the luxury of being able to watch the video and pause it each step along the way. This is what I believed to be true when I wrote it."

MacDonald: "I'm going to suggest to you that you said it to justify the use of the Taser."

Mitchell: "That's wrong."

MORE COVERAGE, PAGE 2



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Halifax lawyer Roberta Clarke, a partner with Blois Nickerson & Bryson, is the newest full-time member of the Nova Scotia Utility and Review Board. The Finance Department announced yesterday that Clarke's "appointment results from a rigorous selection process." **METRO HALIFAX**

Local



Historian to speak at Maritime museum

American author and historian Dave Drummond will give two lectures at Halifax's Maritime Museum of the Atlantic next month. His first talk, about the legend of the Oak Island Money Pit, is Aug. 4 and his second talk, about the construction of RMS Titanic, is Aug. 11. The museum said yesterday both lectures start at 7:30 p.m. Admission is free but Metro Food Bank donations are appreciated. **METRO HALIFAX**

Ships set sail to other ports

After 'great time' in Halifax, crews heading to more N.S. stops

ALY THOMSON
for Metro Halifax

Captains and crews could not have been happier in Halifax, Leanne Strathdee, events director of this year's Nova Scotia Tall Ships Festival, said yesterday.

"Everyone was so grateful of the hospitality Halifax offered," Strathdee said. "The captains and crews had a great time, and not only at the tall ships event but getting to know our city."

Although 80,000 people were expected to come see the ships pulled into port in Halifax this summer, Kelly Rose, spokeswoman for the Waterfront Development Corporation Ltd., said the final tally of visitors won't be released until August.

On Sunday, the Halifax Port Authority clocked 4,000 people buying tickets in one hour.

But the event is far from over. Some ships are en route to north Cape Breton, and will stop at ports in Louisbourg, Port Hawkesbury, Sydney, Lunenburg and Pugwash, until their final departure on Aug. 1.



The U.S. Coast Guard tall ship Eagle passes by the Halifax waterfront during yesterday's Parade of Sail. Thousands of people packed the waterfront in Halifax and Dartmouth to watch the ships sail past.

Host city

• Previous tall ships festivals hosted in Halifax took place in 1984, 2004 and 2007.

"It gives people an opportunity to see the ships in another community and a different setting," Rose said.

In addition to spectators, 1,200 red-shirted volunteers, or what Rose called the corporation's "sea of red," helped make sure everything ran smoothly, from shipside docking to food services.

Forty-one ships visited Halifax from over 14 different countries including the

United States, Germany, Italy and Brazil, with crews ranging greatly in age, from 16 to 50 years old.

This is the fourth time in two decades that Halifax has hosted a tall ships festival. Strathdee said the vessels could sail into the Halifax Harbour again as soon as 2012.

Lawyer alleges police tampered with reports: Inquiry

PAUL MCLEOD
paul.mcleod@metronews.ca

Police doctored reports to avoid charges of excessive force, alleged the lawyer for Howard Hyde's sister as more inconsistencies were revealed yesterday at the Halifax inquiry into the man's death.

According to one police report Hyde "failed to comply with several demands to stop resisting and give officers his hands."

It was written by Const. Ben Mitchell, one of three police officers who struggled with Hyde when he was Tasered in a police booking office Nov. 21, 2007. Hyde died in jail 30 hours later.

Mitchell's report also makes note of future potential charges against Hyde for assaulting a police officer.

Hyde family lawyer Kevin MacDonald played surveillance tapes showing officers gave no verbal warnings to

Hyde. Mitchell conceded there were no warnings and said the report was written based on his best recollection of what happened.

Mitchell also testified that Tasered Hyde was necessary because he was overpowering three police officers. Mitchell described Hyde as having "the strength of 10 men" and said he was physically exhausted by the time Hyde was subdued.

But MacDonald said Mitchell and his fellow officers knew they had to justify their actions or they could face charges of excessive force.

"I'm going to suggest to you Mr. Hyde had excited delirium and you saying he had the strength of 10 men was just an easy way to justify (the Tasered)," said MacDonald.

But Mitchell said officers felt they needed to bring Hyde down immediately or he could have gotten his hands on a weapon or escaped the booking office.



Howard Hyde

Media stuck with poor video images: Court

A judge rejected a CBC request to get videos from the Hyde inquiry yesterday. But media can use video of the videos.

The fatality inquiry into the death of Howard Hyde is streamed live daily at Hydeinquiry.ca. Much of the inquiry has focused around surveillance footage of Hyde being Tasered by police.

TV stations have so far had to use that web feed video for their newscasts, but CBC lawyer David Coles argued this was too low in quality. He requested a DVD copy of surveillance footage to broadcast a better view of what happened.

But several parties, such as the NSGEU, Halifax Regional Police and the Attorney General of Nova Scotia, opposed the request. Ultimately, it was rejected by Judge Anne Derrick.

The conflict stemmed from Derrick's July 6 deci-

Ruling

• Judge Anne Derrick said there was no "format entitlement" to give media and the public the same quality of evidence that is seen in court.

sion that the DVD footage would not be uploaded to the Internet. She cited concerns about the privacy of those caught on tape and the potential for tampering once the video is online.

Coles argued some of these concerns were moot since the video was being shown in court and live streamed to the web anyway. He said the CBC just wanted to provide better quality images.

But part of the request involved uploading some portions of the video to CBC.ca and Derrick found this conflicted with her earlier ruling.

PAUL MCLEOD/METRO HALIFAX

Soldier at court martial recounts run to hospital

MILITARY One soldier recounted the part he played in carrying a dying Cpl. Kevin Megeney to a medical facility at Kandahar Airfield in March 2007 at a court martial yesterday in Sydney.

Cpl. Brent Bowden initially ran behind the stretcher holding Megeney so he could pick up the slack of other soldiers who

grew tired in the Afghanistan heat.

He carried the stretcher for about 50 metres of the 200-metre trip to the Role 3 hospital. Bowden then passed his position on to someone else so that he could catch his breath.

Once Bowden caught up with the soldiers again, he noticed Megeney's arm was dangling over the side

of the stretcher.

"I put (Megeney's arm) back up on his chest. I tried to communicate with him but there was no response," he told the military court.

Glance Bay reservist Cpl. Matthew Wilcox, 24, a member of the 2nd Battalion of the Nova Scotia Highlanders, is on trial before a four-member military panel

facing charges of manslaughter, criminal negligence causing death and negligent performance of duty in the death of Megeney, 25, of Stellarton.

Bowden was one of two soldiers who gave testimony yesterday of the events that transpired following a gunshot in the tent lines of Canadian Forces 1 Platoon.

CAPE BRETON POST

metronews.ca

What's online today.

Video Weather helps fire crews gain control of B.C. wildfires at metronews.ca/canada
Your Money Allan Small has tips on how to choose the investment philosophy that's best for you at metronews.ca/investing



News in brief

ROBBERY Police are seeking two suspects believed to have been involved in a robbery on Saturday in Dartmouth. Police said a male victim reported two men approached him in the Farrell Road area just before 12:30 a.m. Saturday. He told police he threw his wallet at them after being threatened. He described the assailants as a white man in his 20s in a dark hoodie and jeans, and a tall black man in his 20s who had his hair braided back. **METRO HALIFAX**

Rights complaint hearing starts

COLDBROOK An independent board of inquiry started hearing a human rights complaint made by a former Nova Scotia Youth Facility worker yesterday in Coldbrook.

The complainant, whose identification is banned from publication, claims that while at his workplace in Waterville several of his colleagues and a supervisor sexually harassed him over the

course of six years.

A Nova Scotia Human Rights Commission news release says the complainant feels the harassment was severe, involved physical contact and was "due to perceptions of his sexual orientation."

The public hearing is the final stage of a human rights complaint process, the release said. It is scheduled to run through the end of July. **METRO HALIFAX**

Halifax hosts agriculture representatives

Representatives from agriculture federations from across the region met yesterday in Halifax to sign an agreement that forms the Atlantic Federations of Agriculture. The coalition promised in a news release "a concentrated effort to put the priorities of Atlantic Canada's farmers front and centre." **METRO HALIFAX**

Police on hunt for shooters

Cops seek public's help after brazen gunplay in broad daylight

HILARY BEAUMONT
for Metro Halifax

Shots rang out in broad daylight yesterday afternoon on a busy street in the heart of Halifax.

But Halifax Regional Police said they hadn't received reports of any injuries after responding to the 5900 block of Spring Garden Road, near Robie Street at about 2 p.m. They also hadn't arrested any suspects by yesterday evening.

"Four people (were) seen fleeing the area," police spokesman Const. Brian Palmeter said, adding investigators don't know if those people are potential suspects, intended targets or even innocent bystanders.

"We're asking the parties that may have been targeted to come forward and speak with police," he said.

"We have received a lot of co-operation from witnesses in the area."

Jason Natale, a shift manager at Starbucks, said he was walking to work in the sunshine when he saw the shooting.

"I saw basically a guy just lift up his hand and



A forensic identification officer with the Halifax Regional Police department looks for evidence following reports of gunshots yesterday on Spring Garden Road near Robie Street.

shoot twice at two other guys, and the two other guys who got shot at ran down the alley.

"It's kind of scary to see, in front of crowds of people," he told Metro Halifax.

Palmeter said several other witnesses reported that they heard two or three gunshots.

Nicole, a young woman who didn't want her last name used, was walking her dog across Robie Street

when she heard the shots. "I heard, 'Pop! Pop!,' and I was like, 'that sounds like guns!'" she recalled.

Nicole said she then saw a man, who appeared to be about five-foot-six and in his mid-20s, run by, passing her about two feet away. As he ran, she saw him stuffing something she thought might have been a gun into his pocket.

"It's scary," Nicole said. "In the middle of the day."

Police officers taped off the area on the south side of Spring Garden Road yesterday afternoon, searching the ground using dogs and a metal detector.

Palmeter said police are "very concerned" about the very public nature of the shooting, adding they don't want to see an innocent bystander get caught in the crossfire.

—WITH FILES FROM
KRISTEN LIPSCOMBE

Trade initiative aims at keeping workers

HILARY BEAUMONT
for Metro Halifax

JOBS About 50 people chatted cheerily in a sunlit room on the eighth floor of the World Trade and Convention Centre yesterday for the launch of the Halifax Connector Program, a social networking initiative to attract and retain immigrants in Nova Scotia.

"We need to come up with programs that will help people stay, whether they're from Nova Scotia or not," Halifax Citadel-Sable Island MLA Leonard Preyra said after the press conference. "We need people, that's the bottom line."

Fred Morley of the Greater Halifax Partnership told the audience, mostly made up of investors, that Halifax would have 64,000 jobs available by 2013.

But in June, the unemployment rate in Nova Scotia hit 9.4 per cent, higher than the national average

"We need people, that's the bottom line."

MLA Leonard Preyra

of 8.6 per cent, statistics from the partnership say, challenging Nova Scotia's new NDP government to retain skilled workers before they head out west.

"It's particularly important in rural Nova Scotia," Preyra said.

But according to the stats, the unemployment rate in Halifax was 14.6 per cent in June this year, compared to 12.4 per cent this time last year, higher than any other area in the province.

Preyra said there are other programs in place for native Nova Scotians.

"Whether or not you're a native born Nova Scotian, or you're someone who's immigrated to Nova Scotia, or (you're) planning to come to Nova Scotia, getting a job and keeping a job in meaningful work is goal No. 1," he said.

Man charged with indecency

CRIME Police charged a Halifax man with committing an indecent act after allegedly masturbating in front of two females Sunday evening in Fairview.

Halifax Regional Police say they were called to Andrews Street, off Dutch Vil-

lage Road, at 7 p.m. They were told the man "stuck his hands down his pants, began touching himself, then pulled his pants down completely" and started openly masturbating. Officers arrested and charged him. **METRO HALIFAX**

News in brief

CRASH Two women ended up in hospital Sunday night after the car they were travelling in was hit by a truck on Sambro Creek Road, which sent them careening into a power pole, police say. The hit-and-run collision happened at about 7:45 p.m. in East Pennant, Halifax Regional Police say, adding they're looking for the damaged white crew cab truck that allegedly took off from the scene. The injuries aren't life threatening. Police say the crash also caused a power outage in parts of Spryfield.

METRO HALIFAX

COLLISION A driver was slapped with a summary offence ticket after he backed into a police car during the early morning hours yesterday in Dartmouth. A police officer sustained minor injuries, Halifax Regional Police say, adding he was taken to hospital for treatment and released. The collision occurred when police pulled the driver over on at Main and Major Streets at about 1:45 a.m. "While in the process of calling in the traffic stop, the driver backed up and struck the police vehicle," an HRP report says. **METRO HALIFAX**

Carbon monoxide likely killed Pictou County pair: Police

DEATHS A 22-year-old man and an 18-year-old woman whose bodies were found inside a maintenance shed Sunday evening in Mount Thom, Pictou County likely died of carbon monoxide poisoning, police say. But as of yesterday the cause of their deaths hadn't officially been determined and autopsies had been scheduled in an attempt to confirm the suspicions of investigators.

The RCMP said officers

from Pictou County were called to a report of the sudden deaths of the two young adults at about 7:30 p.m. Sunday. They were assisted by fire fighters from West River and New Glasgow when they responded to the scene off Highway 4.

Police said they're not releasing the names of the deceased until after their family members have been notified, adding "foul play is not suspected."

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Two nesting hawks have managed to do what Canada's blizzards usually can't — halt delivery of the mail to a few dozen homes in Moose Jaw, Sask. Canada Post said it stopped delivering to 54 Moose Jaw homes after hawks swooped down on a letter carrier and a supervisor who came in to inspect the area had to dive for cover. **REUTERS**

Hawks thwarting mail delivery

Canada



Hundreds pay respects to Gatti

Ida Gatti, mother of former world champion boxer Arturo Gatti, left, holds up his WBC World Champion belt following his funeral service yesterday. Hundreds of Gatti's fans cheered his name as his casket was carried out of a church in Montreal's Little Italy, CBC News Online reports. Brazilian police have accused Gatti's wife of strangling him with her purse strap as he slept.

METRO NEWS SERVICES

Remains may belong to Tori

Eight-year-old abducted in April

A detective's hunch led to the discovery of child's remains near Mount Forest, Ont., believed to be those of Victoria (Tori) Stafford.

The OPP detective constable was driving in the area on Sunday about noon, following up on what police say was a "profile" of the area where the eight-year-old Woodstock, Ont., girl's body may have been dumped.

He was looking for a house on one side of a road with a rough field access path on the other, and he found one. About 400 metres up the path, around a slight bend to the

Identification

• Officials hope Victoria Stafford's dental records will help expedite identification of the remains.

north and 30 metres into a heavily treed area near a pile of rocks, he found a child's decomposed remains.

Police say they hope forensic experts in Toronto will be able to confirm — as early as today — whether they belong to Tori, who was abducted from near her home on April 8. **TORSTAR NEWS SERVICE**

Crews get hold on one B.C. fire

KRISTEN THOMPSON
Metro Canada



KELOWNA Fire crews have gotten a handle on one of three massive wildfires burning in West Kelowna, B.C., bringing the blaze to 60 per cent contained, officials said yesterday.

The Central Okanagan Regional District declared a state of emergency yesterday after two fires broke out on Saturday and quickly spread to 350 hectares. Crews are also battling a third fire on a nearby mountain.

They were likely started accidentally by human activity.

Around 11,000 people have been forced to leave their homes and another 6,000 are on evacuation alert.



A massive wildfire burns near Glenrosa in West Kelowna, B.C., yesterday afternoon. The fire is one of three that broke out between Saturday and Sunday in the Okanagan city.

PHOTO COURTESY KANDACE MATSON

Canadians reflect on role in moon landing

SPACE It was a day for remembrance at the Canadian Air and Space Museum yesterday as a handful of Canadian astronauts and aerospace engineers celebrated Canada's role in the first manned lunar landing.

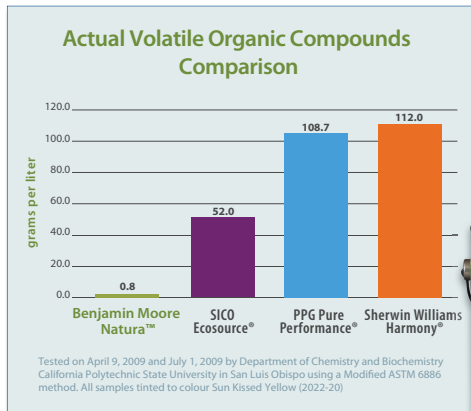
After the cost-conscious Conservative government discontinued funding for the Avro Arrow project in 1959, many out-of-work engineers headed south of the border to NASA, where they began designing the first lunar module.

Among them were Canadians Owen Maynard, who played a leading role in designing the first lunar module, and John Hodge, a flight director on the Apollo space program.

TORSTAR NEWS SERVICE

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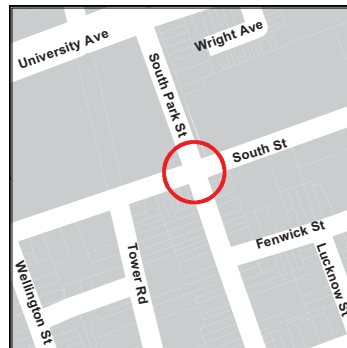
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Halifax Water Freshwater Brook Sewer Replacement



As part of this important infrastructure project, the intersection of South and South Park Streets will be partially closed to traffic for a duration of approximately seven weeks. This closure will be maintained 24 hours a day, seven days a week.

- There will be no on-street parking in the work zone;
- The South/South Park Street intersection will be closed to traffic travelling east bound on South Street and south bound on South Park Street;

- One lane, one-way traffic will be maintained

in the east lane of South Park Street heading north and traffic in the north lane of South Street heading west will be able to turn right onto South Park Street heading north;

- Access to the VG Hospital entrance will be maintained on South Park Street;
- Pedestrian access will be maintained.

The closure will cause traffic congestion. Motorists are urged to stay alert and to seek an alternate route to avoid traffic and delays.

All shops and services adjacent to the work zone will remain open during the construction period.

Municipal service disruptions, if required, will be kept to a minimum duration and affected residents and businesses will be notified in advance.

Traffic control personnel will be on site to ensure smooth traffic flow. On-site personnel will also maintain communication with local residents and businesses to help minimize disruption. Regular hours of work will be Monday to Friday 7:00am to 6:00pm, with weekend work as required.

We apologize for any inconvenience this necessary work may cause. For more information please visit www.halifaxwater.ca Contacts: Steve Hogan at 240-1289 or Jamie Hannam at 490-4804

Fighter jet crashes

A British Tornado fighter jet crashed at a major NATO base in southern Afghanistan yesterday. Both crew members ejected safely and were treated for minor injuries. **REUTERS**

5

World

Leader warns against helping Iran's enemies

Iran's Supreme Leader Ayatollah Ali Khamenei warned senior officials yesterday not to help Tehran's enemies after two former presidents expressed opposition to the result of June's disputed presidential poll.

Clashes erupted between police and reformist pro-

IranCrisis

testers for the first time in weeks in Tehran on Friday after former President Akbar Hashemi Rafsanjani declared the Islamic Republic in crisis and said there were doubts about the election result.

That statement was a clear challenge to the authority of Khamenei, Iran's most powerful figure whose endorsement of hardline President Mahmoud Ahmadinejad's landslide victory was meant to be the final word on the fairness of the June 12 poll.

Reformist former president Mohammad Khatami yesterday weighed in, calling for a referendum on the legitimacy of the govern-

ment and defeated reformist candidate Mir Hossein Mousavi called for the release of hundreds arrested in widespread June street protests against the election result.

"People regard with hate anyone, in any position, who wants to move society towards insecurity," Khamenei said.

"There are things that should not be said. If we say them, we have moved against the nation. This is now a test for the elites and failing in this test ... means falling down."

Mousavi said it was wrong to accuse those detained after the protests to plots by foreign powers. It was unclear whether he made the comment in response to Khamenei's remarks. **REUTERS**

Political storm

• Akbar Hashemi Rafsanjani, a veteran insider who heads a body that can in theory dismiss Iran's supreme leader, is now fighting for political survival because Khamenei ignored pleas to rein in Ahmadinejad after he accused the former president of corruption.

Pakistan Torrential rains



Boys walk in floodwaters past graves in a cemetery after monsoon rains in Karachi yesterday. Rains have killed 26 people and cut power to most of the city, its mayor said on Sunday.

News in brief

MIDDLE EAST Israel stands ready to risk a protracted rift with Washington over U.S. demands to stop construction in East Jerusalem and other settlements, a key right-wing Israeli lawmaker said in an interview yesterday. Tzipi Hotoevy of Prime Minister Benjamin Netanyahu's Likud party said the Israeli leader could face dissent from his own faction if he agreed to even a partial freeze in settlement building in occupied land.

PACT The U.S. and India said yesterday they had agreed on a defence pact that takes a major step towards allowing the sale of U.S. arms to the South Asian nation as it modernizes its military. Secretary of State Hillary Clinton said Delhi had also approved two sites for U.S. companies to build nuclear power plants. **REUTERS**

Fear of violence puts pressure on Micheletti

HONDURAS Honduras' de facto leader came under increased pressure yesterday to return power to the ousted president with Europe halting economic aid and top Latin American officials warning of bloodshed.

Efforts to broker an end to the power struggle in Honduras following a June 28 military coup collapsed on Sunday after interim leader Roberto Micheletti rejected a proposal to rein-

state overthrown President Manuel Zelaya. Costa Rican President Oscar Arias, the frustrated peacemaker in the talks, asked both sides to give him until tomorrow to broker a solution to the crisis.

The European Commission tightened the screws on Micheletti yesterday by suspending all budgetary support payments to his government. Latin



Zelaya

American leaders fear violence in the impoverished Central American country unless Micheletti steps aside. "Insurrection and confrontation are not a good path to take, but I don't think we will avoid it unless the de facto government shows some flexibility," said Jose Miguel Insulza, the chief of the Organization of American States. **REUTERS**

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Comment

What's bred in the bone

NationalReport

Lawrence
Martin

metronews.ca/nationalreport

"Because our real history is not part of how we describe ourselves, we live in denial of our reality."

— John Ralston Saul, A Fair Country

As Canadians we think of ourselves as Europeanized, then Americanized. More recently, with the waves of non-European immigrants, multiculturalized. Remarkably and ignorantly, we never get below the surface. We overlook, Saul argues in his provocative and brilliant study, our real driving force — our Aboriginal moorings.

If you don't know and appreciate the core construct, if the foundation is disregarded, or neglected, you are subject to all sorts of

makeovers and identity quarrels. It's mainly the latest currents that count. It's not good.

The history of North America, says Saul, has largely been written by colonized minds with colonized perspectives. Three hundred or 400 years of Aboriginal history that predated Europeanization is marginalized. In his book, Saul rediscovers this history and relates it to our present times. In essence, he finds that what was bred in the bone has remained in the bone.

We owe much to the native peoples — the idea that land is to be served not pillaged, our notions of fairness and inclusiveness, of finding a middle way. Today, our claim to Arctic sovereignty is based in good part on our Aboriginals'

FocusOn
First Nations

presence in those territories. The fragility of the environment, a cardinal priority of the Aboriginal Peoples, is a paramount cause of our times. It is our native peoples who occupy the North and it is the North where two-thirds of our resource wealth lies. The courts are compelling us to deal with historic obligations to the First Nations. Nineteenth-century treaties are being renegotiated.

There are all these trends and there is the fact that while the European influence wanes the native peoples are the fastest growing segment of Canada's population. Western attitudes assumed the inevitability of their disappearance. Given the environmental stress-

es and potential calamities, people are more open to accepting the idea, as Saul puts it, that the world works in a different way than that suggested by the standard Western argument.

Saul, of course, is the partner of former governor general Adrienne Clarkson, who took up the native peoples' causes with vigour. The current Governor General, Michaëlle Jean, stood up mightily for their traditions when she gorged a harp seal on Rankin Island and partook of its heart.

Rideau Hall used to be the bastion of a colonialism that pursued strategies of Aboriginal sequestration or assimilation. Much has changed. Now its inhabitants recognize, as all Canadians should, that the native peoples were a major inspiration in our past and essential players in our future.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

John Ralston Saul

Views

Basic issues continue to tarnish relations

InBusiness

Charles
Davies

In 2008, former Indian and Northern Affairs Minister Robert Nault noted some politicians believe Aboriginals will eventually abandon their traditional lifestyles and become assimilated in the general population. He also said many bureaucrats don't accept that First Nations constitute legitimate governments.

If he's right on both counts, it would help explain Ottawa's reluctance to rework the paternalistic relationship it has with Canada's 1.2 million Aboriginals.

Despite numerous amendments, the Indian Act of 1876 continues to frame relations between Ottawa and Aboriginals. Particularly since 1969, when a federal White Paper on Indian Policy called for a repeal of the Indian Act, the relationship has had two dominant themes: Calls for more funding to alleviate problems of education, health and poverty; and the transfer of responsibility for governance and accountability to Aboriginals.

In 2002, Nault introduced the Chrétien government's solution — the First Nations Governance Act. The legislation was a major effort to alter governance and accountability on reserves and bring First Nations people under the umbrella of the Charter of Rights and Freedoms. While a majority of rank-

FocusOn
First Nations

and-file reserve residents supported the bill, Aboriginal leaders balked, partly because no new money was proffered and because they didn't want light shone on band financial management.

But by 2005, Jean Chrétien was gone and Paul Martin was prime minister. Along with Aboriginal leaders and provincial premiers, he devised his alternative — the Kelowna Agreement. This time, it was not about governance, but money, specifically \$5 billion to be spent over five years to achieve targets related to education, housing, health and economic development.

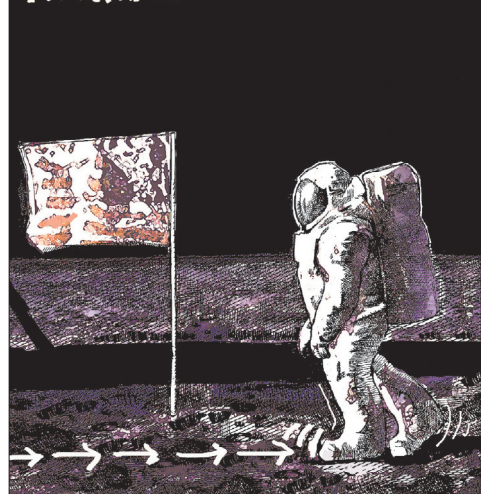
Martin's minority Liberal government was soon replaced by Stephen Harper's

minority Conservatives. Initially in favour of the Kelowna Accord, the Tories gradually backed away from its aggressive spending in favour of incremental improvements — extending human rights legislation to reserves, speeding up land claims settlements, protecting Aboriginal women's rights, and investing in non-reserve Aboriginals.

In fairness, the Harper government has made considerable progress on the Aboriginal file, but the basic issues — paternalism, lack of adequate governance and accountability, and, of course, poverty — continue to tarnish relations between Aboriginals and other Canadians.

Charles Davies is a veteran business writer who has worked for Canadian and international news organizations.

14 YEARS BEFORE MICHAEL JACKSON'S MOONWALK:



Worth mentioning

Best, worst airports to catch a couple zzzzz's

On a shoe-string, stuck or just need some shut-eye? Avoid Paris' Charles de Gaulle at all costs, but embrace Singapore's Changi, according to a survey that rated the world's 10 worst, and best, airports to sleep in.

Dirty floors, filthy, overcrowded bathrooms, bird poo and biting insects were among the biggest complaints of the 6,200 travellers who took part in the poll, by travel website The Guide to Sleeping in Airports.

Charles de Gaulle was voted the absolute worst, followed by Sheremetyevo in Moscow, which one traveller called "hell on

Earth." In the third and fourth spots were New York's JFK and Los Angeles' LAX, while India's Delhi airport rounded off the top five worst airports.

On the flip side, Singapore's Changi was rated the cleanest and most comfortable airport to sleep in, followed by Seoul's Incheon and Amsterdam's Schiphol.

Oslo's Gardermoen and Hong Kong airport rounded off the top five best airports.

"Sleeping in airports is no longer just for the young budget traveller looking to save a few bucks," said the website, which was founded by Canadian former travel agent and expert budget traveller Donna McSherry in 1996.

REUTERS

Metro Online Poll Results

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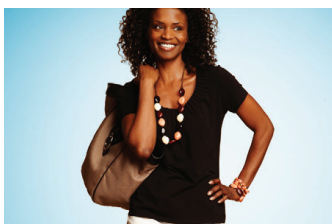
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Your Money

EDITOR: NINA.DRAGICEVIC@METRONWS.CA



AlisonOnMoney

Alison Griffiths

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Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at alison@alisongriffiths.ca.

Your lucky seven questions

Because finances should be anything but a gamble

You are sitting in an investment adviser's office contemplating your future.

Are you thinking about how much money you are going to make or when you can quit your job and become an artist? If yes, I'll forgive you, but rap your knuckles at the same

time.

What you should be doing is asking questions. Last week I said there was no such thing as a stupid one. This week let's look at few you should pose about mutual funds.

Here are seven to get you started.

1. Is the fund's fee (the

management expense ratio or MER) lower than the category average, i.e., is it lower than those of its peers?

2. Has this fund been around for at least five years?

3. And speaking of peers, how has the fund performed against its group sisters and brothers? It

should be in the top 25 per cent over time.

4. Also, has this fund outperformed its benchmark index (every fund can be compared to an index like the S&P 500, for example) over its lifetime? There are thousands of funds; no point in buying a lemon.

5. You also need to know exactly what you are buying. Does the fund hold mainly small companies, big Canadian ones, European stocks, bonds or is it what's called a balanced fund with a mix of stocks, bonds and cash?

6. Next, is this fund distinct from anything else in your portfolio? You only

need three or four funds tops for a well-rounded investment mix and you don't want them stepping on each other's toes with similar holdings. Duplication actually increases risk.

7. Finally, ask about risk or volatility. The adviser can show you a historical performance chart. If it has huge swings up and down, more so than a broad index like the S&P 500 or Canadian S&P/TSX Composite, then you have a greater chance of making money but also losing it.

Ask these seven questions and you are on the road to becoming an informed investor.

Alison's Money Rule:

Investing your money is not just about picking the right stock, bond or mutual fund. It's about asking the right questions.



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Do you lead or follow?

MoneyMatters

Henry Choo Chong

metronews.ca/moneymatters

Q The past year, my Registered Retirement Savings Plans (RRSPs) have declined more than 40 per cent. Can I roll some of my RRSPs into a non-registered plan and report the losses?

— Charles

A No losses can be claimed on your tax return while in your RRSPs. However, subsequent losses outside your RRSP can be claimed as a capital loss and used to reduce capital gains in the current year, carried back three years or carried forward. Additionally, you may be taxed on the partial withdrawal from your RRSPs.

Investing in the stock market is a long-term commitment. Before the start of last year's financial crisis, many novice investors experienced only market gains and believed stocks

moved in one direction — up. This was a rude awakening for investors, novice and seasoned.

After watching helplessly as their wealth evaporate between 30-50 per cent, investors had two choices: Hold and wait it out or run for the hills.

Many short-term investors took their losses and turned tail. Others held and were rewarded with a recovery of values in the past several months. This week, S&P/TSX index advanced more than six per cent. Not bad for doing nothing. Some made a conscious decision to hold, while others were too overwhelmed to react. Either way, they got some value back.

However, there was a third option ... Buy!

Yes, you knew that stocks would come back up but prefer to further discuss with colleagues and impress with your insight than act upon it.

Follow the herd and you may share some of the left-overs, however, lead the pack and you will have first choice!

Henry Choo Chong, CGA, can be reached at choohonghcg@yahoo.ca.

12-year-old plays first division soccer

A 12-year-old has played in a first division soccer game in Bolivia. Mauricio Baldivieso entered the match Sunday in the 84th minute in a game Aurora lost 1-0 to La Paz FC. He is believed to be the youngest player to take the field in a top-flight game in the South American country. **METRO NEWS SERVICES**

11

Sports

EDITOR: CHRIS.CLEMENTS@METRONWS.CA



Suns extend Nash

Steve Nash, left, and the Phoenix Suns have agreed on a \$22 million US, two-year contract extension, according to his agent. The deal will keep the two-time MVP point guard under contract with the Suns through the 2011-2012 season. The 35-year-old Victoria, B.C., native, entering his 13th NBA season, had one year left on his contract that would pay him \$13 million next season. **METRO NEWS SERVICES**

With sentence over, Vick waits on NFL decision

FOOTBALL Former All-Pro quarterback Michael Vick must now persuade NFL commissioner Roger Goodell to lift an indefinite suspension after completing his criminal sentence on dogfighting charges yesterday.

"His status is under review," an NFL spokeswoman said. "There has been no timetable set."

Goodell, sensitive to fan reaction, has said he wants to meet with Vick and assess his remorse and dedication to being a positive influence going forward.

His case drew a storm of protest from animal rights groups and fans as details of the abuse of the dogs became known.

Vick, the top draft pick in 2001 and a three-times All-Pro, would be a free agent pending reinstatement. He was cut last month by the Atlanta Falcons less than five years after they signed him to a 10-year, \$130-million contract.

Opinion is mixed about how much interest Vick, who turned 29 last month, would draw from NFL teams once available.

"It's pretty much assumed at some point he'll be able to resume his NFL career," Jason La Canfora, a reporter for the NFL Network told Reuters in a telephone interview.

"He has unique athletic gifts, he possesses an amazing skill set. He has tremendous God-given gifts."

REUTERS

Sports in brief

CANOE-KAYAK Organizers for the world sprint canoe-kayak championships have announced that the 11 Nova Scotians competing at the event will be an all-time high. The total includes two athletes racing in women's canoe, a demonstration event. Worlds are Aug. 13 to 16 on Lake Banook.

BASEBALL The host Prince George Axemen have a 2-1 record heading into tomorrow's matchup with the U.S. national team tomorrow at the world baseball challenge in British Columbia. Local standouts Darren Doucette, Jason Bailey and Brandon Hunter are on the Axemen's roster for the week.

METRO HALIFAX

Rainmen take new path

Owner plans to build team around 'three or four' stars

MATTHEW WUEST
matthew.wuest@metronews.ca

The Halifax Rainmen are headed in a new direction.

After a disappointing season that saw the Rainmen miss the playoffs, owner Andre Levingston has re-evaluated the franchise and has a fresh new strategy as he builds his roster for the 2010 Premier Basketball League campaign.

His approach last year was to sign the most skilled players he could find. And there weren't enough basketballs — or minutes — to go around for his all-star calibre roster.

"Even though we were talented, the chemistry just wasn't there," Levingston said. "We're taking a different approach now. We want three or four core guys to be our horses. We'll build our program around them and we'll surround them with hard-working guys who understand and accept their roles."

Levingston hopes one of those horses is dynamic shooting guard Tony Bennett, who led the Rainmen in scoring last season with 19.4 points per game. He hopes another is power forward Eric Crookshank, the face of the franchise.

From there, Levingston wants to bring in new starters at the point guard, small forward and centre positions, and he returned Sunday from a weeklong



Shooting guard Tony Bennett is one of the players Halifax Rainmen owner Andre Levingston is hoping to build the team around.

scouting journey that included stops in Los Angeles, San Francisco and New York City.

At point guard, Levingston is targeting former Continental Basketball Association all-star Jason McLeish and six-foot-six Trayvon Lathan. He's also eyeing up six-foot-eight, 295-pound centre DeAndre Thomas, a friend of Bennett's.

Perhaps the biggest

name Levingston is after is six-foot-seven small forward Galen Young, a draft choice of the Milwaukee Bucks in 1999 and a former CBA player of the year.

"He would be one of the best three or four players in our league," Levingston said. "He's a smart veteran who understands the game. There aren't many guys who can defend him."

Levingston plans to ex-

tend a handful of contract offers this week and said he's ready to "make sure the money's right" to get Bennett back for another season.

"Tony is a guy we can build our organization around," Levingston said.

"To have a guy like him and Crookshank back, and if we're lucky enough to land a couple of these other guys ... It could take our program to the next level."

Strickland 'in phenomenal shape' says Levingston

If John Strickland returns to the Halifax Rainmen next season, expect him to be significantly leaner.

Strickland, who played for the Rainmen last season at six-foot-eight and 275 pounds, has lost more than 40 pounds in the off-season, Rainmen owner Andre Levingston said.

"He's in phenomenal shape," said Levingston, who spent time with Strickland in New York City last week. "If you saw Strick right now, you wouldn't recognize him."

Strickland, who John averaged 9.3 points and 5.4 rebounds per game last season, could be back in 2010, but Levingston wants to make sure he's ready to accept a backup role. Affordable point guard Jimmy Twyman is in a similar situation.

Strickland, who is a street-ball legend in New York, is using his connections to help Levingston recruit and might be angling for a front-office position down the road.

"Strickland has a great pipeline — great relationships with great players — and that's what you want from a GM," Levingston said. "Eventually I may have that conversation with him."

MATTHEW WUEST
/METRO HALIFAX

Former university football star gives back to First Nations youth

FocusOn FirstNations

STEPHEN JOHNSON
for Metro Canada

Josh Sacobie has achieved a lot as a football player and would like to accomplish even more away from the sports field.

Sacobie was quarterback of the University of Ottawa Gee-Gees from 2004 to 2008. During his

time with the Gee-Gees, Sacobie set numerous passing records and was a perennial all-star.

More impressive than the stats is his commitment to give back to the Aboriginal community. Sacobie is originally from Fredericton, N.B., and is a member of the Maliseet First Nation.

"There is a tremendous amount of work that needs to be done," explained Sacobie. "It is unacceptable that many Aboriginal communities live in Third



"I have the opportunity to share my struggles, but also to talk about my successes."

Josh Sacobie

World conditions in a First World country. I have the opportunity to share my struggles, but also to talk about my successes."

In the summers of 2007 and 2008, Sacobie put his principles into action. He worked with the Cree Na-

tion of Mistissini in northern Quebec. The community is located about 1,100 kilometres northeast of Ottawa.

"My first summer there, I helped establish a football camp. It was great bringing football to a community

that had never played it," he said. "For my second summer, I worked as a child-care worker. I spent most of my time just listening."

Even though Sacobie holds a degree from the University of Ottawa, it is unlikely he will hold an office job in the future.

"The thought of nine-to-five scares me. My passion will always be working with Aboriginal people. That is how I feel I can make a positive contribution."



Tousle Me Softly is the newest collection from Herbal Essences. It's designed to create tousled hair with seven products including spray gel and finishing cream. The products will be available in drug retailers next month. **METRO NEWS SERVICES**

Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Aboriginal diabetes

New project offers better access to education and healthy food

CELIA MILNE
For Metro Canada



"Many times the kids tell stories of their families being sick," writes a Grade 3 teacher in the Sandy Lake First Nations community in Ontario.

The teacher is talking about diabetes and finds the eight-year-olds have heard of it. She is one link in the Sandy Lake Health and Diabetes Project, conceived in 1991 to increase physical activity and encourage healthy eating in the aboriginal community. Sandy Lake now has better walking

trails, better access to healthy food and better education.

The project — which is a collaboration between the local First Nation band council and University of Toronto researchers — is a good example of how grass roots enthusiasm can improve Aboriginal Peoples' health.

In Quebec, a similar initiative — The Kahnawake Schools Diabetes Prevention Project — teaches children how to avoid diabetes.

Diabetes is three to five times more common in First Nations people than in the general Canadian population. It is one of many modern illnesses that strike hard in this community. Why? Although genetic differences may play a small part, the culprits are the same ones that affect us all.

"Low activity levels, excess calories, processed foods and stress are toxic to everybody," says Dr. Anthony Hanley (PhD), Canada research chair in diabetes epidemiology at the University of Toronto. "They result in diabetes and obesity. It is happening quicker in indigenous and marginalized populations."



Diabetes is three to five times more common in First Nations people than in the general Canadian population. The culprits include low activity levels, excess calories, processed foods and stress.

Often appalling living conditions make healthy choices difficult: "It is not a simple matter of genetics," agrees Dr. Malcolm King, scientific director of Aboriginal Peoples' Health at the Canadian Institutes for Health Research, who is based at the University of Alberta in Edmonton. "Look to the environment for underlying causes."

Poverty, overcrowded housing, lack of running water and lousy access to health services and supplies are the roots of the problem, he says.

He believes research and development are needed in improving these basic needs.

"Such research will allow us to better design programs to reduce the vulnerability of aboriginal populations to diseases for which the underlying causes are social factors that are considered in countries such as Canada to be the rights of all individuals."

FocusOn FirstNations

Jealousy turned fatal

The J Spot

Josey Vogels



metronews.ca/thejspot

In assessing the mental state of M.T. — the Toronto teenager who badgered D.B., a guy she had been briefly involved with, to stab 14-year-old Stefanie Rengel to death in January of last year — the Crown's expert said she could evolve into someone like the dangerously obsessive character portrayed by actor Glenn Close in the 1987 movie *Fatal Attraction*. Remember? The boiled pet bunny scene?

While the defence may argue that this is a sensational analogy, the emerging portrait of a young woman who has displayed anger, jealousy and manipulation with at least three boyfriends, who is needy and attention-seeking and has abandonment and rejection issues, doesn't exactly make her the poster child for healthy relationships.

Sure, we've all had our jealous moments. In fact, I never trust those people who proudly claim: "I simply don't get jealous."

Biologists say jealousy is in our evolutionary interest as it keeps our mate from straying. Anthropologists say it doesn't exist in cultures where relationships outside of marriage are accepted. Psychologists say people who have experienced abandonment in their lives are often ex-

tremely jealous out of fear of losing their partner.

Anthropologist Helen Fisher studied the brain activity of people who were spurned by a lover and discovered that "the dopamine produced when we fall in love occurs in the 'rewards system' of the brain. When the brain realizes that a reward is delayed in coming, other parts of the reward system — those associated with motivation and focused attention — sustain their activity."

In other words, when we are rejected, we often become more focused on getting that person's attention. To add to that, the stress of not getting what you want further elevates levels of dopamine. Fisher coined the term, "Frustration Attraction" for this condition. You might know it as obsession.

Certainly, when we're younger and lacking the experience and emotional maturity to handle the heady mix of feelings that relationships bring, jealousy can be an immature response. But most of us eventually learn the destructive nature of this emotion and know when to curb it.

If we don't, one can become so consumed by it that it causes them to kill someone or to kill themselves, explains Fisher.

One can only hope, as her defence argues, that M.T. will gain better control over her emotional issues as she ages. Sadly, Stefanie Rengel will never have that chance.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

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Noot Seear joins New Moon

Vancouver model-turned-actress Noot Seear is joining Robert Pattinson and Co., as villainess Volturi vampire Heidi in New Moon. "I started reading the books," she tells Women's Wear Daily, "and I couldn't put them down." PEOPLE.COM

Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

Race against time

IAN JOHNSTON
for Metro Canada

Writer/director Richard Story says his TV pilot, The Time Traveler, is a little different from what folks might expect to see on the Aboriginal Peoples Television Network.

"But not just APTN," says Story, who wrapped filming of the pilot last week. "It's a native time travel sci-fi drama — so it's pretty unique for anywhere."

Produced by Story, Sandra Edmunds, Lorne Cardinal and Kent Sobey, The Time Traveler follows young Nikki (Elitsa Bako), who lives in a future Earth where man has finally learned to live in harmony with nature.

Unfortunately, man is also doomed due to infertility.



Writer/director Richard Story goes over a scene with one of the stars of his new APTN pilot The Time Traveler.

To save her world, Nikki must travel back to present day Toronto and find the key to saving her dying species. Shot on a budget that producer Sobey describes as "less than your traditional pilot," The Time Traveler got around its budgetary limitations by approaching the project like

an indie feature.

"You use a small crew, you shoot on the street, you get really great shots and sound, fantastic performances, and you take your time putting it together," says Story.

APTN Director of Programming Peter Strutt says Time Traveler is part of the

FocusOn FirstNations

channel's increased emphasis on drama — particularly drama with an appeal outside its core audience.

"There will always be our niche programs. But opportunities do arise with some programs to crossover into new audiences," says Strutt.

APTN has joined with other specialty channels in recent years on crossover fare. Recent successes include the casino-set drama Cashing In (made with Showcase), and the creepy crime drama Rabbit Fall, which aired not only on APTN, but Vision and Space.

"In collaborations, we can maximize limited resources and support more drama," says Strutt.

Twilight Zone

Leonardo DiCaprio's company Appian Way has hired a writer to pen a Twilight Zone film. The movie will be a second stab at a big screen version of the classic '50s TV sci-fi fantasy chiller. EMPIREONLINE.COM

a Harry Potter Prize Pack and a \$100 Empire Theatre Gift Card!

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HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
7/21/09	31	31	31	ABC	News Center 5	ABC Wild News	Inside Edition	Chronicle	The Superstars (N)	Better Off Ted	Scrubs	Primetime
	7	7	7	ASN	The Road to Avonlea		Instant Star	TMZ (N)	Monk	America's Got Talent (N)	Cupid	
	11	11	11	CBC	Coronation St.	Jeopardy! (N)	Rick Mercer	22 Minutes	Being Erica (DVS)	CBC News: The National	The Hour	
	2	2	2	CBC-F	Urgences (SC)		Des saquelettes	Tout	Beautés desespérées (SC)	Bons baisers de France (SC)	Le Téléjournal	
	32	32	32	CBS	WBZ News (N)	Evening News	The Insider (N)	Entertainment	NCIS "Bounce" (HDTV)	Big Brother 11 (N)	Medium	
	69	69	69	CFTM	TVA 18 heures	Sucre-salé	Qui perd gagne (SC)	Fort Boyard (SC)	Nos étés "L'été 1966" (SC)	TVA 22 heures		
	6	6	6	CHIF	Entertainment	ET Canada	NCIS "Stakeout"	NCIS "Bounce" (HDTV)	Big Brother 11 (N)	News Final (N)		
	9	9	9	CJCH	etalk	Hollywood	Law & Order: SVU	CSI: Miami	Criminal Minds (HDTV)	CTV News		
	10	10	10	ELTV	(6) EastLink Television			Podium TV	EastLink Television			
	36	36	36	FOX	Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	Hell's Kitchen (Season Premiere) (N)		Fox First	
primetime	12	12	12	NBC	7 News	NBC News	Hollywood	Extra (N)	America's Got Talent	America's Got Talent (N)	Law/Ord SVU	
	29	29	29	NW	World News	Business	CBC News	Mansbridge	The Hour	CBC News: The National	Capturing	
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Business	Greater Boston	La Plaza-Maria	Nova (DVS)	Nova scienceNOW (N)	War of World	
	35	35	35	PBS-D	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	Nova (DVS)	Nova scienceNOW (N)	Nova scienceNOW (N)	Weapon-WW II	
	68	68	68	TQS	Rire et délire	Chemin du golf	Catherine (SC)	Crisis Angel	Lipstick Jungle (SC)	Génération séduction	Piège Zéze	
	23	23	23	BNN	Business News	Headline	Market Call	Workopolis TV	Business News	Squeeze Play	Market Call	
	18	18	18	CNN	Situation Room-Wolf Blitz	HSR	Lou Dobbs Tonight	Campbell Brown (N)		Larry King Live (N)	Cooper 360	
	54	54	54	GOLF	Golf Central	Top 10	Lessons	Inside PGA	Top 10 (N)	Top 10	Golf	
	52	52	52	RSE	Sportsnet Connected		PartyPoker.net Irish	UFC: Access	MMA Conn	Best Damn Sports Show	Sportsnet Con.	
	55	55	55	SCOR	HSR		Cabby Unlimt	Score Update	Poker Equalizer.	World Series of Poker	Score Tonight	
news	45	45	45	SPD	Unifone Whips		Pimp My Ride	Pass Time	Pimp My Ride	Super Bikes!	Super Bikes!	
	53	53	53	TSN	Off the Record	SportsCentre	MLB Baseball Cleveland Indians at Toronto Blue Jays.	From Rogers Centre in Toronto.				
	43	43	43	FAM	Zoeys 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	
	44	44	44	TOON	Ben 10	Johnny Test	Jimmy Two	Total Drama	6TEEN	Futurama	American Dad	
	26	26	26	TREE	Wonder Pets	Big & Small	Backyardigans	Night Grdn	Max & Ruby	Franklin	Maggie-Beast	
	27	27	27	YTV	iCarly		Prank Patrol	Prank Patrol	Malcolm-Mid.	Futurama	Prank Patrol	
	16	16	16	A&E	The First 48		The First 48 "Last Wish"		The First 48 (HDTV)		The Cleaner	
	70	70	70	APTN	APTN National News (N)		Wings-Canada	Tears	Chiefs-Champ	Tribal Treks	From the Spirit	
	50	50	50	BET	106 & Park: BET's Top 10 Live			Makea's Family Reunion ** (2006, Comedy) Tyler Perry, Blair Underwood.			College Hill	
	37	37	37	BRVO	Street Legal		Journey Justin Hines	Live at the Rehearsal Hall	Michael Bublè		Bravonews	
sports	25	25	25	CMT	Cross Canada Countdown			Home Improve.	Home Improve.	Reba	Reba	
	49	49	49	COM	Laughs	Comedy Now	Air Farce	22 Minutes	Corner Gas	The Simpsons	South Park	
	153	153	153	COURT	Killer Next Door		World's Wildest Police Videos	Cops Uncut	Dumb Criminal	Killer Forensics	Police Videos	
	38	38	38	DISC	Jetstream		Daily Planet	How It's Made	How It's Made	Against the Elements (N)	Deadliest	
	48	48	48	HGTV	Holmes on Homes		House Hunters	Property Virgin	HGTV's Top 10	Dirty Business	House Hunters	
	46	46	46	HIST	To Build a Nation		NCIS "Once a Hero"	Lost Worlds	To Build a Nation	NCIS	NCIS	
	17	17	17	MM	Greek "Mr. Purr-lect"		One Tree Hill	Degrassi: TNG	Instant Star	Greek "Mr. Purr-lect"	Video on Trial	
	19	19	19	MMM	mmtop10.ca		The Daily Fix	Ranked!	I'm a Celebrity, Get Me Out.	In the Valley of Elah (2007, Drama)	Entourage	
	201	201	201	M1	(6:30) Bee Movie **		(8:15) The Chair (2007, Suspense) Alanna Chisholm.					
	48	48	48	OLN	The Amazing Race 5		Dog the Bounty Hunter	Cycling Tour de France - Stage 16.			Seinfeld	
family	51	51	51	PEACH	Seinfeld	Friends	MLB Baseball San Francisco Giants at Atlanta Braves. From Turner Field in Atlanta.					
	206	206	206	PIX	(6:20) Hoosiers *** (1986, Drama)		(6:20) The Good Shepherd ** (2004)		BASEketball ** (1998, Comedy)			
	67	67	67	RDI	RDI en direct	(1986, Drama)	24 Heures en 60 minutes	Grands reportages (SC)	Le Téléjournal (SC)		RDI en direct	
	39	39	39	SHOW	Trailer Park	Trailer Park	The Outer Limits	Painkiller Jane	Rich Bride, Poor Bride	Rich Bride, Poor Bride	Rich Poor	
	40	40	40	SLICE	So Chic	Skin Deep	Skin Deep	Til Debt-Part	Star Trek: Voyager	Torchwood	Torchwood	
	47	47	47	SPACE	Stargate SG-1 (DVS)		CSI: Crime Scene Investgnt.	TMZ (N)	etalk	Ways to Die	Ways to Die	
	14	14	14	SPIKE	CSI: NY (HDTV)		The Ellen DeGeneres Show	TMZ (N)	etalk	18 Kids-Count	18 Kids-Count	
	57	57	57	STAR	etalk	Hollywood	Restor Guy	Real Estate	Moving Up (HDTV) (N)	Seinfeld	Family Guy	
	21	21	21	TLC	What Not to Wear		Power Play	North of 60	Ilis ont marché sur la Lune	Etoile	Expression	
	20	20	20	TVS	Que-champion	Journal de F2	Dieux et démons	Murder, She Wrote	Bless-Father	On the Buses	Quantum Leap	
cable variety	28	28	28	V	Doc "Family Matters"		Judging Amy	Missing Death row inmate.	The Closer	Style by Jury	Style by Jury	
	60	60	60	97	VIVA	Da Vinci's Inquest	Style by Jury	Friends	House	Style by Jury	Style by Jury	
	22	22	22	W	Be-Millionaire	Evening News	MLB Baseball Chicago Cubs at Philadelphia Phillies. (HDTV) (Live)					
	251	251	251	WGN								

critics'corner

Better Off Ted

Chilly yet compulsively competitive Veronica (Portia de Rossi) learns a shocking bit of news about her dad, Elijah (Geoff Pierson), the CEO of another big company, with whom she has an out-of-control rivalry. Ted (Jay Harrington) is thrilled that Phil and Lem's (Jonathan Slavin, Malcolm Barrett) new cure for baldness may finally score points with his impossible-to-please father. 10 PM on ABC



Capturing a Short Life

Be warned: This documentary contains some very difficult subject matter. Photographer Heather Rivlin gives the families of gravely ill newborns a special gift by taking poignant pictures of the little ones. 11 PM on NW

The Cleaner

Twin sisters whose personalities are polar opposites discover their paths to recovery may be intertwined. William's (Benjamin Bratt) old pal Greg comes to visit but soon strains their friendship by hitting on Melissa (Amy Price-Francis) and then tempting an addict with heroin in exchange for sex. Grace Park and Kevin Michael Richardson also star in the new episode "Split Ends"; Brian Van Holt guest stars. 11 PM on A&E

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- Drake - Best I Ever Had
- Stereos - Summer Girl
- Lady Gaga - Paparazzi
- Lola - High Heels
- Black Eyed Peas - I Gotta Feeling
- Pitbull - Calle Ocho
- Sean Kingston - Fire Burnin'

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It didn't take long — Variety reports High School Musical director Kenny Ortega has been tapped for a Michael Jackson film project in which Sony Pictures paid \$50 million US to AEG Entertainment for rights to the 80 hours of Jackson rehearsal footage. FEMALEFIRST.CO.UK

MJ movie in works

Celebrity Buzz

Threats derail Brit's family plans

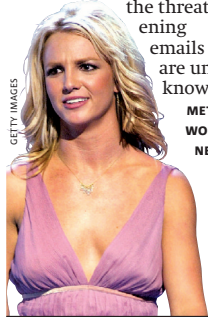
DANGEROUS After receiving a series of email death threats, Britney Spears is opting to drop her two sons off in London during the Russian leg of her world tour rather than take them with her.

"Originally, both boys were to accompany Britney but she was against taking them because of these constant threats," a tour spokesman told the Sun.

Spears herself will base her operations out of Finland for the St. Petersburg and Moscow concerts next week. The identities of the

those sending the threatening emails are unknown.

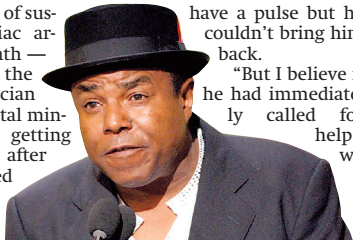
METRO WORLD NEWS



MJ doctor shares blame: Tito

ACCUSATION Tito Jackson claims Dr. Conrad Murray's "panicking" helped cause his brother's death, femalefirst.co.uk reports.

Jackson — who was devastated when brother Michael died of suspected cardiac arrest last month — accused the star's physician of wasting vital minutes by not getting help quickly after he collapsed and stopped breathing.



He said: "My opinion is that he panicked when my brother didn't wake up."

"I think the doctor probably figured he was in trouble and he tried to revive Michael. He did have a pulse but he couldn't bring him back."

"But I believe if he had immediately called for help we

might still have my brother here today, he would definitely still be alive."

Tito also accused Murray of failing to carry out CPR correctly. It has been revealed the physician administered CPR on the dying star while he lay on a soft bed instead of the accepted practice of a hard surface.

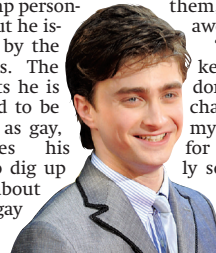
Tito, 55, added in an interview on Spanish TV: "The CPR attempt is one of the things I noticed that was very strange."

METRO NEWS SERVICES

Daniel loves gay rumours

RUMOUR MILL Daniel Radcliffe loves the fact people think he's not straight, femalefirst.co.uk reports.

The Harry Potter star admits that strangers often think he's gay because of his camp personality — but he isn't fazed by the comments. The star insists he is so thrilled to be mistaken as gay, he urges his friends to dig up gossip about him on gay blogs.



He told Moviefone: "It's wonderful. I grew up around gay people my entire life, basically, that's possibly why I'm quite camp, and some people think I'm gay when I meet them, which I think is awesome."

"It's always good to keep them guessing. I don't go on any blogs or chats or anything, but my friends are demons for them, and apparently someone said 'Daniel Radcliffe is gay. He's got a gay face.'"

METRO NEWS SERVICES

Blake wants album royalties?

GOLD DIGGER? Amy Winehouse's estranged husband is after a piece of her hit album, *Back to Black*, since he feels he's the reason it exists, according to News of the World.

Blake Fielder-Civil claims that he deserves \$9 million US in their pending divorce settlement because he was the

inspiration for several songs on the album, written while the pair had temporarily split.

"Amy did write *Back to Black* when Blake left her, but why on earth should he be getting a dime for making her feel so bad?" a source wondered.

METRO WORLD NEWS



'No' to reunion with Jess

OFF THE TABLE Although Jessica Simpson and Nick Lachey — former spouses and stars of reality show *Newlyweds* — find themselves suddenly single at the same time, Lachey says there will be no reunion, people.com reports.

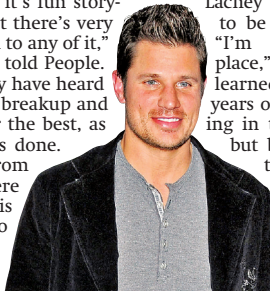
"I think it's fun storytelling, but there's very little truth to any of it," the singer told *People*. "I certainly have heard about her breakup and I wish her the best, as I've always done. Aside from that, there really is nothing to say."

So has

he spoken to his ex-wife since her split from Tony Romo? "I haven't talked to her in probably two years," he said. "I wish her happiness. That's where it pretty much ends."

As for his own breakup with Vanessa Minnillo, Lachey doesn't seem to be too torn up. "I'm in a good place," he said. "I've learned, through years of not only being in this business, but being in relationships, that you have to take it as it goes."

METRO NEWS SERVICES

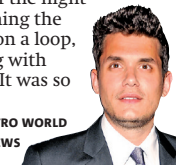


Best or worst boyfriend ever?

REAL SMOOTH Really sweet or just really cheap? When they were dating several years ago, John Mayer was set to miss Jessica Simpson's birthday because of a tour, according to *Page Six*.

"Everyone thought John would forget her birthday, but then a gift arrived from him," a source said. "It was a DVD of him in concert. Jessica spent the rest of the night watching the DVD on a loop, 'being with him.' It was so sad."

METRO WORLD NEWS



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SixChix For more cartoons, visit metronews.ca

UGH, I FEEL ANXIOUS, HOT AND WEEPY.

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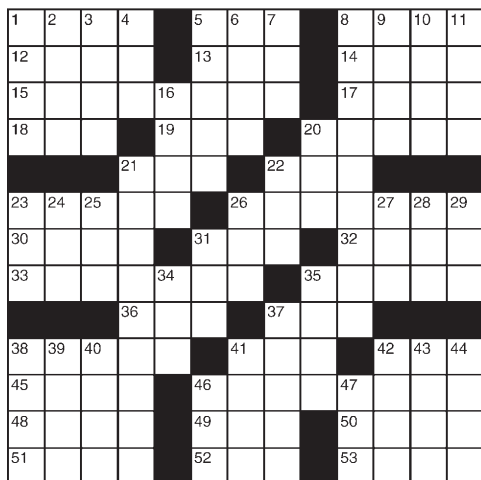
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Take Five



Crossword across

- 1 Gumbo pod
5 Hot tub
8 "War of the Worlds" world
12 Do some fingerpainting
13 Embrace
14 Egress
15 Stick with a kick
17 Pleasant
18 Drunkard
19 Pismire
20 Beginning
21 Turn on the waterworks
22 Greet the villain
23 Westminster, e.g.
26 Our first chief justice
30 Burp a Tupperware lid
31 "Friends" cast member

Crossword down

- 1 Probability
2 Deck, in the ring
3 Litter's littlest
4 Lawyers' org.
5 Lustrous
6 Green shot
7 Census stat
8 Amish, e.g.
9 Pivot line
10 — Krispies
11 Undo a dele
16 Author — Higgins Clark
20 Reaction to fireworks
21 Gym-goer's target, maybe
22 Carton
23 Blond shade
24 Spell down
25 Sheepish remark
26 Cohort of Whoopi and Elisabeth
27 Average guy
28 Shock partner
29 Shriek bark
31 Actor McBride
34 Attempt
35 Antitoxins
37 Ambulance warning

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

BOA	BBS	CORD	6	7	1	8	5	2	4	3	9
LAMS	EON	OBEY	5	3	4	7	9	6	1	8	2
OHIO	TOO	LIVE	9	2	8	4	1	3	6	7	5
CURDS	MOLD		7	5	9	3	8	4	2	6	1
AIM	PAMPAS		1	8	6	9	2	7	3	5	4
ROOFTOP	COURT		3	4	2	1	6	5	7	9	8
UNDO	BAG	URGE	4	6	5	2	3	8	9	1	7
STOUT	DOWNLOW		8	9	7	6	4	1	5	2	3
TORNUP	BAT		2	1	3	5	7	9	8	4	6
TEAM	RAGES										
LOTA	PAW	INTO									
KIWI	AGE	NANO									
ELON	LTD	WAN									

Find today's answers + play more games at metronews.ca

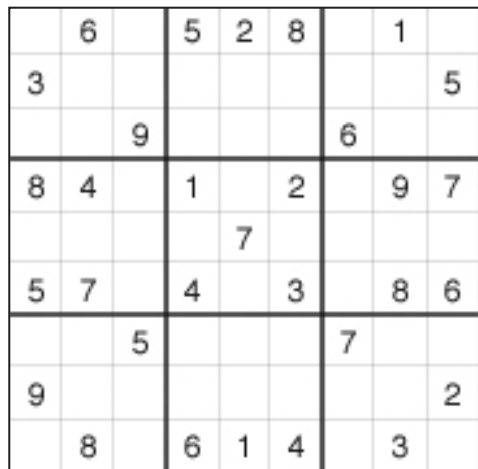
SUDOKU SOLVE TIME:

- Under 13 min Genius
13-17 min Scholar
17-21 min Smart
21-25 min Not bad
25+ min Keep practising

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



Metro Recipe of the Day

Baked Eggplant with Yogourt

INGREDIENTS:

- 4 tbsp (60 ml) extra virgin olive oil
1 red onion, finely chopped
2 garlic cloves, finely chopped
1 can (398 ml) diced tomatoes
2 tbsp (10 ml) sundried tomato paste
1/2 cup (125 ml) dry red wine
1 bay leaf
2 tbsp (25 ml) chopped parsley
Pepper to taste
3 small eggplants, cut into 1/2-in. (1-cm) slices
3 zucchinis, thinly sliced
1/2 tsp (2 ml) ground cumin
14 oz (400 g) plain low-fat yogourt
2 eggs, beaten
2 tbsp (25 ml) freshly grated Parmesan cheese

METHOD:

1. Heat 1 1/2 tbsp (20 ml) oil in pot, add onion and cook about 8 minutes or until softened. Add garlic and cook for further minute, stirring. Stir in diced tomatoes with their juice, tomato paste, wine and bay leaf. Cover and simmer gently 10 minutes.
2. Uncover pot and let sauce bubble 10 minutes or until thickened, stirring occasionally. Remove bay leaf. Stir in parsley and pepper.
3. While sauce is simmering, preheat broiler. Lightly brush eggplant and zucchini slices with remaining 2 1/2 tbsp (30 ml) oil. Cook under broiler, in batches, 3-4 minutes



per side or until browned and very tender.
4. Preheat oven to 350 F (180 C). Stir cumin into half the yogourt. Arrange one-third of eggplant slices, in one layer, in 2 1/2 qt (2.5-l) ovenproof dish. Spoon over half the tomato sauce. Arrange half of zucchini slices on top, in one layer, then drizzle with half the cumin-flavoured yogourt. Repeat layers, then finish with layer of remaining eggplant slices.
5. Mix remaining 7 oz (200 g) yogourt with beaten eggs and half the Parmesan cheese. Spoon yogourt mixture over top layer of eggplant, spreading with back of spoon to cover evenly. Sprinkle with remaining Parmesan cheese.
6. Bake 40-45 minutes or until top is lightly browned and set and sauce is bubbling. Serve hot, in baking dish.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes by Sally Brompton

sallybrompton.com

ARIES

MARCH 21-APRIL 20



People you meet on your travels could be important to your career-wise, so put on your friendly face. Maybe they want to give.

LIBRA

SEPT 23-OCT 23



Your efforts will show those who matter that you are not, like some people, all talk and no action. They will reward you accordingly.

TAURUS

APRIL 21-MAY 21



Today's link between your ruler Venus and Saturn, planet of sacrifice and success, means you've got what it takes — so go ahead and take it.

SCORPIO

OCT 24-NOV 22



If you give others the impression that you don't know what you are doing they will lose confidence in you and look elsewhere for assistance.

GEMINI

MAY 22-JUNE 21



Recent events may have stirred your sense of adventure but responsibilities of a family and financial nature have held you back.

SAGITTARIUS

NOV 23-DEC 21



You may disapprove of what someone is up to but do you have the right to demand that they stop?

CANCER

JUNE 22-JULY 22



You seem to be worrying about what others might think of you, but why should you care? Be who you are and do what you do.

CAPRICORN

DEC 22-JAN 20



It is a real possibility that you will enjoy some kind of wind-fall over the next few days. It will give you the breathing space you need.

LEO

JULY 23-AUG 23



You may think that certain people no longer care about you but the truth is you have never been more in their thoughts.

AQUARIUS

JAN 21-FEB 18



Don't worry if you feel a bit run down at the moment because you will get your second wind over the next few days.

VIRGO

AUG 24-SEPT 22



It's part of your nature to look for compromises and that's good because you won't get far without them over the next 24 hours.

PISCES

FEB 19-MARCH 20



Whatever it is you are worrying about you know, deep down, that nothing bad will come of it.

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WORDY GURDY®

BY TRICKY RICKY KANE

1. Throw in to include a writing tablet (1)
2. Be in debt to Senator Lieberman (1)
3. Made a cut in a home plate glove (1)
4. Overly keyed-up "pit" snake (2)
5. Easing the rate of using oars (2)
6. Cradle pusher's gym storage places (2)
7. Forward-thrusting fencer's plumber tools (2)
- ANSWERS: 1. SLOWING ROWING 2. OVER JOE 3. SLIT MITT 4. HYPER VIBER 5. SLOWING ROWING 6. ROCKERS LOCKERS 7. LONGERS PLUNGERS

This day in history

JULY 21, 356 BC: Herostratus sets fire to the Temple of Artemis in Ephesus, one of the Seven Wonders of the World.

JULY 21, 1865: In the market square of Springfield, Missouri, Wild Bill Hickok shoots and kills Davis Tutt in what is regarded as the first true western showdown.

JULY 21, 1925: Scopes Trial: In Dayton, Tennessee, high school biology teacher John T. Scopes is found guilty of teaching evolution in class and fined \$100.

JULY 21, 1960: Sirimavo Bandaranaike is elected prime minister of Sri Lanka and becomes the first woman prime minister in the world.

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